

SOFTBALL PRE-SEASON WORKOUTS

MONDAY-2:45-4:30-SB FIELD

TUESDAY-2:45-WEIGHT ROOM

3:30-4:30 SB FIELD

WEDNESDAY-2:15-4:30 SB FIELD

THURSDAY-2:45-WEIGHT ROOM

3:30-4:30 SB FIELD

**Contact BLatorre@washoeschools.net for more
information.**